## The Alcohol Use Disorders Identification Test – Consumption (AUDIT-C) Questionnaire

The Alcohol Use Disorders Identification Test (AUDIT-C) is an alcohol screen that can help identify patients who are hazardous drinkers or have active alcohol use disorders (including alcohol abuse or dependence).

1. How often did you have a drink containing alcohol in the past year?

Never	0
Monthly or less	1
Two to four times a month	2
☐ Two to three times a week	3
Four or more times a week	4

## 2. How many drinks did you have on a typical day when you were drinking in the past year?

None, I do not drink	0
□ 1 or 2	0
3 or 4	1
5 or 6	2
☐ 7 to 9	3
10 or more	4

3. How often did you have six or more drinks on one occasion in the past year?

Never	0
Less than monthly	1
Monthly	2
U Weekly	3
Daily or almost daily	4

The AUDIT-C is scored on a scale of 0-12 (scores of 0 reflect no alcohol use). In men, a score of 4 or more is considered positive; in women, a score of 3 or more is considered positive. Generally, the higher the AUDIT-C score, the more likely it is that the patient's drinking is affecting his/her health and safety.

Reference:

World Health Organization. (2001). *The Alcohol Use Disorders Identification Test: Guidelines for Use in Primary Care (2<sup>nd</sup> Ed)*. Author.

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